

## Prayer for the Next Generation: Connecting Mind, Body, and Soul Youth 07 — Prayer stations

#	Name	Action	Short Description	Scripture	Technology & Supplies	Source or Reference
1	Discernment	Sit	How is God Calling You? <<< After share where God is calling you now, with someone you do not know. >>> cabaña	Ephesians 4:1-16		
2	Tent (we are on a journey)	Write in prayer journal	As the Body of Christ we are on a together, following the way of Jesus Christ. <<< Write in the prayer journal what do you need from God or community to help you on that journey? >>>	1 Corinthians 12:12-26		
3	Perfume Stories	Reading, touch, smell	Read the two different perspectives... <<< Then touch the oil. May you believe as Mary that Jesus is the Messiah. >>>	John 12: 1-8	Prayer Journal, tent Script, Scented Oil & Something to hold it.	Multi-Sensory Church p42
4	What's Stopping you?	Writing	Wailing wall Acrylic Respond to Cartoon: Sometimes I'd like to ask God why He allows Poverty famine and Injustice when he could do something about it. What's Stopping you? I'm Afraid God might ask me the same Question		Acrylic sheet (from homedepot and china marker)	
5	Open Hearts	Cut and write	In a world that is numbed by violence, poverty, war and environmental crisis. What does it mean for our church to have an Open Heart? <<< Cut out of paper heart and write a prayer. >>>		Construction paper, Scissors, Markers	
6	Guided Meditation	Listening	Sit and relax and listen to guided meditation. (It is 7 minutes long).		Cdplayers & CD	Tune in and Chill out
7	Breath	Sit	"Be still and know that I am God" (this would be great one of the cabaña)	Psalms 46:10		Worship service at emergent convection 2006 with Ikon
8	Praying the Newspaper	Reading and Writing	Look though the daily newspaper and find a situation to pray for cut it out, write your prayer over it and post it to the wall		Daily Newspapers, Scissors, markers	inspired by Church of the Apostles (workshop)
9	Text Message Confession (response)	Texting	Text Message 41411 with the first word CONFESSIO: then your confession.		By the Mercy of God, we are forgiven and made Whole. May the Spirit of the Living God fall afresh on you.	www.textmarks.com
10	Name the Powers and Principalities	Write and Staple	What it that chains you? <<< Write on the paper and staple it to the prayer chain >>	Romans 8:35-39	Construction paper Strips, Stapler	Name from Walter Wink's Book
11	Love your Enemy	Writing on a Rock and Washing Water	Scripture Love your Enemy.... Who's Enemy.	Matthew 5: 43-47	Fine washable Markers, stones & water and water fountain	Crosspointings.org
12	What Does the Lord Require of You?	Painting	Like a breath prayer (a short prayer repeated over and over) you are invited to Pray In Paint a response to the question: "What does the Lord require of you?" "to do justice and to love kindness and to walk humbly with your God."	Micah 6:8	Canvas, paint, paintbrush drop cloth	<a href="http://www.pontius.com/main.html">http://www.pontius.com/main.html</a>
13	Creative Spirit	Drawing	Drawing... Let the Creative Divine ... spark in you... draw or paint as you are led....		Paper, marker, Color pencils	
14	Prayer Bead	Thread			Beads	
15	Ignatius examine	Sit, read, pray	Prayer Card		Prayer Cards	
16	Body prayer	Stand and do the Actions the Prayer	With both hands: touch your head God be in my head and my thinking,		Large Mirror?, 6 signs	Body Prayer By Doug Pagitt and Kathryn Prill
17	Imago Dei	Look in the Mirror	Remember that God created humankind in God's own image. God did not make a mistake when creating you. <<< Look in the mirror and repeat: And say I am Beautiful with God's beauty. >>>	Luke 1:26-38, Gen 1	Small mirrors to look into	
18	Reliquary Box	Refect and Write	these symbolize the people and events that have made you who you are. we have heirlooms and relics that have paved a way for us in the people who have come before us, taught us, and inspire us. <<<Who are these people in your life?>>>		Random Stuff	
19	Sharing God's Love	Light a candle	Think of someone who does not know how much God Loves them. Pray that she/he may know God's Love.		Candles and Sand	
20	ACTS	Reading and thinking	One structure for prayer is given by the acronym "ACTS", representing adoration, confession, thanksgiving and supplication (or intercession.) This is one order, where we start off focusing on who God is, and praising God.		Prayer Cards	
21	Atomic fireball	Eating	An Atomic Fire Ball to light your fire when you feel burned out!			
22	Open Minds	Thinking	something about the importance of Reason			
23	Open Doors	Writing	What does it mean that we are an inclusive church? That as Christ welcomed all so does The United Methodist Church. <<< Write on the Door. >>>		Door, Post-in notes	
24	Images of Jesus	View and Refecting	Across the world there is a diversity of people. Each of use knows Christ in own culture. It is amazing all the way God comes to us.		Digital Projector and DVD Player	